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Aging Better Together Conference

Members Marty and Linda H. attended the first-ever conference specifically on senior cohousing, organized by the U.S. Cohousing Association and Sagehill Cohousing.

Nearly 250 people from across the country convened in Salt Lake City to attend breakout sessions, learn from keynote speakers and share ideas with other cohousing residents, consultants and seekers of community. It was a packed program and incredible opportunity to connect, re-energize and brainstorm. Great sessions, wonderful people, and beautiful scenery all around - hard to beat!

As Katie McCamant, our development consultant summed up: *"This is the only place this conversation, about aging with support in community, is happening. Right here."* Lucky us to have two members join for this exciting event.

Interested in attending next year's Conference? Mark your calendars for the 2017 National Cohousing Conference in Nashville, TN on the weekend of May 19-21. The sustainability focus of next year's conference will be of particular interest to our members.

We'd be happy to share more about the Conference with you, perhaps over burgers at the picnic or our community potluck dinner!



Pictured: (far left) Marty joined cohousing residents, consultants and architects for a Media Meetup with writers from prominent publications such as YES! Magazine and Next Avenue. These journalists aim to increase cohousing knowledge and understanding, and we thank them for it. (Right) Linda and Marty at Wasatch Mountains, a side trip they took after the Conference was over.

The Conference received rave reviews online too. Read a few recent articles here: [If You Lived Here You Wouldn't Isolate](#) and [Is Cohousing The Best Solution To Aging Well?](#)

Upcoming Events

Fair Oaks EcoHousing Site Tour: Saturday, June 11th at 10:30am

Fair Oaks EcoHousing will be a beautiful neighborhood of 30 homes on 3.7 acres in Fair Oaks, CA, 18 miles east of downtown Sacramento. We're looking for the rest of our future neighbors! Come see the site and our architectural plans at an upcoming tour.

Meet at **10:30am** at the **Fair Oaks Coffeehouse** in Fair Oaks Village, located at 10223 Fair Oaks Blvd, at the intersection with Park Drive. Look for us in the patio area, on the side of the Coffeehouse. We can carpool to the site. The tour will last about an hour, with an optional lunch afterwards at Siam Patio Restaurant. Group Members will lead the tour of our beautiful property.

Can't join us that day? Additional tour offered on **Saturday, June 25th!**

To sign up, please contact **Linda Tanforan** at (916) 359-3742 or braille@surewest.net



Picnic in the Parkway: Saturday, June 18th from 12-2pm

Join us for a picnic in the American River Parkway at Sacramento Bar. **Bring your kids, pets, swimsuits and rafts - fun for all ages!** All are welcome - so feel free to invite a friend new to cohousing to join us for the afternoon.

Beef, turkey, and veggie burgers will be provided, along with buns, condiments, paper plates, and utensils. Guests are asked to bring their favorite picnic food and drink (alcohol is ok) to share. You may want to bring a lawn chair.

Directions: Sacramento Bar is at the foot of Pennsylvania Avenue, off Fair Oaks Blvd, just west of Sunrise. Look for us with the "Fair Oaks EcoHousing" sign. There is a \$5 entry fee if you do not have an annual Park Pass.

RSVP to Linda Tanforan at 916-359-3742 or braille@surewest.net

Join Us For a Potluck: Sunday, June 19th at 6:30pm



We all know the power of good conversation sparked over a delicious meal. Join us for dinner next weekend (RSVP for directions). First-time guests don't need to bring a dish to share; we'll provide the food and drink. This event is family-friendly and we'll have games/toys available; kids warmly welcomed.

RSVP to Chris Haviland at chris.haviland@gmail.com for address.

Welcome, Linda B!



Calling all Linda's - we now have 3 at Fair Oaks EcoHousing!

Linda Benyak grew up in the Bay Area, but has lived in Oregon, Colorado, Washington, and currently in Arizona. She received her BA in English at the University of Washington. Linda has worked as an operations coordinator for a medical clinic, an employee benefits analyst, and in sales at a small family business selling organic mattresses.

Gardening, both indoors and out, has been a lifelong hobby. Other interests of hers include cooking, foreign languages, reading, bird watching, taking walks, attending movies and concerts, and spending time with friends. She loves to sing, and hopes to find or start a folkie sing-along group.

Since her mom lives in Vallejo, she's looking forward to being able to spend much more time with her. Linda has been aware of cohousing for years, and knows this will be the right choice for her. She looks forward to making friends with neighbors, working together, and forming lasting relationships.

We can't wait to taste your common dinners and look forward to a beautiful community garden with your help tending it, Linda.

Are you our next new member to introduce?



Join us for one of our [upcoming events](#), or [contact us directly](#) with your questions. We'd love to hear from you!

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Fair Oaks EcoHousing
P. O. Box 1765
Fair Oaks, California 95628
USA

