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Stories About Cohousing



All cohousing residents, from young kids to community elders, have memorable stories about their experience living in a tight-knit neighborhood. Here are some of our favorites. We can't wait to add ours to the mix!

"For a single woman, cohousing is delightful. I moved from an admittedly peaceful existence in my own quiet home to a community full of people and activity. The delight is that there is always someone around to have dinner with, to go to the movies with, or to sit on the patio and sip a margarita with and rave about how the garden is growing. No need to make complicated plans, or even drive!

The community meals a couple times a week are great to come home from work to (even if I'm cooking), but sometimes even nicer, are the spontaneous meals that occur between a few households that all have some food and good company to share."

- Marty Roberts, Two Acre Woods in Sebastopol, CA

[Discover More Stories Here](#)

Upcoming Events

Community-Building Potluck: Sunday, September 18th



This will be an casual time to meet each other, break bread, and talk more about cohousing. First-time guests don't need to bring a dish to the potluck. Food and drinks will be provided.

Join us at **6:30 pm** in the Sacramento, Arden-Arcade Area (RSVP for address).

Family-friendly: kids are welcome.

*To receive the address, contact **Linda Tanforan** at (916) 359-3742 or*

Imtanforan@gmail.com

Fair Oaks EcoHousing Site Tour: Saturday, September 24th at 10:30am

Fair Oaks EcoHousing will be a beautiful neighborhood of 30 homes on 3.7 acres in Fair Oaks, CA, 18 miles east of downtown Sacramento. We're looking for the rest of our future neighbors! Come see the site and our architectural plans at an upcoming tour.



Meet at **10:30am** at the **Fair Oaks Coffeehouse** in Fair Oaks Village, located at 10223 Fair Oaks Blvd, at the intersection with Park Drive. Look for us on the side of the Coffeehouse, in the patio area or in the building at the back. We can carpool to the site. The tour will last about an hour, with an optional lunch afterwards at the Siam Patio Restaurant or the Smokey Oaks Tavern. Group members will lead the tour of our beautiful property. Kids are welcome.

Can't join us that day? Additional tour offered on **Sunday, October 9th!**

*To sign up, contact **Linda Tanforan** at (916) 359-3742 or Imtanforan@gmail.com*

Free Cohousing Presentations!

Cohousing: Earth-Friendly Living Near Sacramento

Sunday, September 25th from 2-3:30pm
Gatehouse Clubhouse: Saratoga, CA 95070

For more information, contact:

Kathy Forte 408-867-6211, kathyaforte@comcast.net
Al Lampell 650-575-3885, alampell@hotmail.com
Bob Oyafuso 916-353-0376, boyafuso@sbcglobal.net

[Click here to view the event flyer](#)



Presentation By Cohousing Expert Katie McCamant

Thursday, October 6th at 7pm
Keller Williams Office
8525 Madison Ave, Ste 122 (at Kenneth) Fair Oaks

This event is sponsored by Fair Oaks EcoHousing and [Renaissance Village Homes](#) (an urban core community in walkable West Sacramento). Learn more about recent progress on both of our projects, and meet members engaged in bringing two new cohousing communities to the Sacramento area.

[View and share the flyer here](#)

Sharing in Community



Is Your Stuff Taking Over?

How many kinds of cake pans do you have? How about sports equipment you've collected through the years? Over time, especially if kids or grandkids add "stuff" to the mix, we often end up with kitchens or garage or living rooms full of things we use infrequently.

You may have heard the question prompt from Marie Kondo's book, [The Life-Changing Magic of Tidying Up](#), on de-cluttering: "Does it [the object] bring you joy?"



There are many events and reasons to prompt sharing in cohousing. Having the latest and greatest gadgets, or one-of-everything isn't necessary. Community brings a far greater value than the individual items we usually have on hand in a typical neighborhood – say your own lawnmower or tool library.

The opportunity and expectation, even, that sharing will happen organically in an intentional neighborhood is a boon to cohousing residents. More people time, less time spent worrying about collecting the right mix of stuff!



Want to Learn More About Fair Oaks and Sacramento?

Click below for useful links, there's a lot to keep us busy here!

Pictured above: Fair Oaks Village, Fair Oaks Theatre Festival, Floating the American River.

[Fair Oaks Chamber of Commerce](#)

[Fair Oaks Events via Sac Bee](#)

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