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# M Citrus Heights Messenger

“Written by the people, for the people”

Volume 4 Issue 17

Serving the City of Citrus Heights and Sacramento County

First Edition for September 2014

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## EcoHousing a New Trend



Cohousing neighborhoods are composed of privately-owned homes clustered around shared open space and extensive common facilities. The Club House typically includes a dining room, kitchen, workshop space, children's playroom, guest rooms, and lounge. It is the heart of the neighborhood for a variety of other activities. Cars are parked on the periphery of the site, making the neighborhood more pedestrian-friendly and kid-safe. Future residents are involved in the design and development so that it reflects their needs and priorities, creating a truly custom neighborhood. Photo courtesy of Fair Oaks Ecohousing

**By Marty Maskall**  
SACRAMENTO REGION, CA (MPG) - Local residents submitted their planning application to Sacramento County on Monday, July 21st, to approve their design for a new environmentally friendly neighborhood on New York Avenue and Fair Oaks Boulevard in Fair Oaks. A group of nine families have been working with architect and international cohousing expert, Charles Durrett, on the design of their community.

The 30 new homes will range in size from two-bedroom flats to four-bedroom town homes, along with extensive community facilities and garden areas. The new community is unique in that it is being initiated by a group of local families that seek to live in a more socially and environmentally sustainable neighborhood than what traditional developers have been building in the Sacramento Suburbs. Fair Oaks EcoHousing was inspired by other cohousing neighborhoods that have

built around the country over the last two decades, including Southside Park in downtown Sacramento; Nevada City Cohousing; and Wolf Creek Lodge, a recently completed community designed for active adults in Grass Valley. Fair Oaks resident Marty Maskall has been looking to create such a community since she first saw Southside Park in downtown Sacramento. Maskall says, "I have lived in

## First-in-the-Nation Student Privacy Bill Approved by Calif. Assembly

SACRAMENTO REGION, CA (MPG) - California's Assembly today approved a first-in-the-nation online privacy measure, authored by Senate Leader Darrell Steinberg, which prohibits uses of students personal information for profit. Senate Bill 1177, the Student Online Personal Information Protection Act (SOPIPA), passed unanimously on a 71-0 vote and heads back to the Senate for concurrence. "My goal is to encourage technological innovation while protecting kids' privacy, and this bill doesn't trade one goal for another, it achieves both," said Steinberg (D - Sacramento). "The industry currently operates without restriction except for the ones that they unilaterally deem appropriate and that is unacceptable. Kids are in the classroom to learn." Companies providing online services to aide classroom teaching often require students to create accounts that capture contact data and personal academic information such as grades, disciplinary history, and chat-records. In some instances, companies are mining data from schoolchildren beyond the needs of the classroom, including how many rooms a student had in their home and how many parents they lived with. Some apps marketed to teachers and kids could track a child's physical location. SOPIPA would end targeted advertising on K-12 websites, services, and applications. It also prohibits operators from using any information gained from

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## Raley's Supermarket Settles Civil Environmental Case

**Special District Attorney's Report**  
SACRAMENTO REGION, CA (MPG) - District Attorney Jan Scully joins 25 other California district attorneys in announcing that West Sacramento-based Raley's supermarket was ordered to pay \$1,599,000 in civil penalties, costs and supplemental environmental projects, as part of the settlement of a civil enforcement prosecution, which includes a final judgment and permanent injunction. Raley's cooperated with the prosecution team throughout the investigation into their unlawful practices. The judgment is the culmination of a civil enforcement lawsuit filed in San

Joaquin County to stop the supermarket chain from unlawfully transporting and disposing of retail hazardous waste. The lawsuit claimed that more than 130 Raley's supermarket stores improperly stored, handled, and disposed of hazardous waste and pharmaceutical waste products into company trash bins. Instead of being sent to authorized disposal sites, hazardous wastes and contaminated materials were being unlawfully transported to area landfills. Additionally, the lawsuit alleges that Raley's failed to take sufficient steps to preserve the confidentiality of their pharmacy customers' information. As a result of the prosecution, California

Raley's supermarkets modified existing policies and have adopted new policies and procedures designed to eliminate the disposal of retail hazardous waste products and pharmaceutical waste into store trash compactors for eventual disposal into local landfills not equipped to handle such wastes. Hazardous waste produced by California Raley's supermarkets through damage, spills, and returns is now being collected by state-registered haulers, taken to proper disposal facilities, and properly documented and accounted for. In addition, the settlement requires Raley's to dispose of or destroy all confidential customer medical information in a

manner that preserves the confidentiality of the records. In addition to devoting resources to California environmental compliance with regard to hazardous waste identification, classification, storage, transportation, and disposal, Raley's has agreed to purchase five mobile freshwater purification systems to provide safe drinking water to local communities in California in times of emergency or other pressing need. The mobile freshwater purification systems will be located in Placer, El Dorado, Sonoma, Sacramento and Contra Costa counties, but will be available for use by other counties within the state. ★



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# EcoHousing a New Trend Meals on Wheels Delivers 2 Millionth Meal

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this area for 23 years, and I want to stay here, but I'm tired of the isolation and maintenance of my single-family home. I love the multigenerational nature of these communities." Carmichael resident Ivan Greene has been looking for a friendly neighborhood with substantial gardening space. Greene says, "As a single person, I want to connect with my neighbors. I'm excited about the large garden and orchard area." Sacramento residents Linda and Frank Tanforan are looking to downsize and move into a safe and convenient neighborhood. Linda says, "I want to spend my retirement years in a friendly community with people of all ages."

Cohousing neighborhoods are composed of privately-owned homes clustered around shared open space and extensive common facilities. The Club House typically includes a dining room, kitchen, workshop space, children's playroom, guest rooms, and lounge. It is the heart of the neighborhood for a variety of other activities. Cars are parked on the periphery of the site, making the neighborhood more



View of entry to Fair Oaks EcoHousing. Photo courtesy of Fair Oaks Ecohousing

pedestrian-friendly and kid-safe. Future residents are involved in the design and development so that it reflects their needs and priorities, creating a truly custom neighborhood.

Environmental sustainability is a core value in these neighborhoods with smaller homes, green building attributes, and renewable energy systems made possible by combined efforts and shared resources. On-site activities and companionship enable residents to socialize close to home and reduce their need to drive as much for day-to-day activities. The Fair Oaks property offers close proximity to the American River Parkway and its

miles of bike paths, as well as Fair Oaks Village, Banister Park, the Sacramento Waldorf School, and the Rudolph Steiner College. Cohousing provides social, environmental, and economic benefits for a more sustainable lifestyle.

Current members are looking forward to meeting people interested in cohousing and in sustainable living. Interested parties are invited to attend one of the regular site tours of the property. The next site tour is Saturday, September 13th.

For more information on the tour and to view floor plans, visit [www.fairoaksecohousing.org](http://www.fairoaksecohousing.org). ★

SACRAMENTO, CA (MPG) - Julie Cato opened her front door with a beaming smile, feeling fortunate to be the recipient of the 2 millionth meal delivered by the local Meals on Wheels program.

"I feel lucky every time they come," Cato said. "But especially today, this is really something!"

The Citrus Heights resident appeared eager to greet the team of volunteers and Vice Mayor Sue Frost who joined in the celebration. She welcomed all of them into her one-bedroom apartment, and encouraged them to stay as long as they'd like.

"It's much more than delicious and fresh food," Cato said. "We look forward to these friendly visits. Sometimes it is our only connection to that big world out there. We would be forgotten without them."

Cato is one of nearly 2,000 seniors in the region receiving home-delivered meals or free lunch at 23 local cafés run by Meals on Wheels, which is operated by ACC Senior Services. Monday through Friday, volunteer drivers deliver warm meals and fresh fruit to homebound seniors, and provide personal contact to check on their health and safety. Nutrition education, community resource information and other safety net services are also provided.

"We enjoy celebrating these milestones as a way to recognize our volunteers and supporters," said Jennette Wells, Volunteer Services Coordinator for Meals on Wheels. "They help our seniors maintain their ability to live in their own home and maintain their highest level of independence. The celebration continued at nearby Rusch Park with Congressman Ami Bera (D-Elk Grove), Vice Mayor Frost, community leaders and



Citrus Heights resident Julie Cato greets Meals on Wheels volunteer. Meals on Wheels serves seniors 60 years of age or better throughout the region, and the non-profit says the need for the program continues to grow. Service has expanded beyond Sacramento County into Roseville, Auburn and surrounding areas. It is partially supported by government funding, but a spokesperson says they rely on community donations and volunteers. More than 500 volunteers currently support the effort as servers and drivers.

Meals on Wheels supporter. Bera also held an informational question and answer session about healthcare and Social Security with local seniors attending the lunch party.

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For more information about Meals on Wheels by ACC, visit [www.mowsac.org](http://www.mowsac.org) or call 916-444-9533. ★

DISCOVER the difference

## Community Shred Event

Benefitting The Wounded Warrior Project

**Date: Saturday, September 13th**  
**Time: 9:00am - 1:00pm**

Bring your important documents to us for destruction!  
All donations will benefit The Wounded Warrior Project.

**Call 916-969-6161 for complete details**

**CROSSWOOD OAKS**  
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Citrus Heights, CA 95621

tel 916-969-6161 | fax 916-726-4223  
Visit us online at [crosswoodoaks.com](http://crosswoodoaks.com)

## Kids K9 Fun Run

Rain or Shine

**Kids** - come and run for our K9 Officers. The Kids K9 Fun Run for kids 15 and under is \$18. The fee includes a run tee shirt, kids lunch and medal for each participant. (Fee increases to \$25 after 9/1/14.)

**K9** Officers from the Sacramento PD K9 Unit and other law enforcement agencies will be on site passing out trading cards, giving demonstrations and you can also have your photo taken with a K9 Officer.

**All** proceeds from this event will benefit three area Police K9 Associations which provide retirement benefits for K9 Officers. More info on our website.

**Start** The run begins at 10:00 a.m. at the Garden of Honor at Sierra Hills Pet Cemetery where 48 retired K9 Officers are memorialized.

**Date: Saturday, September 13, 2014** (in honor of Pet Memorial Day)

**Where: Sierra Hills Memorial Park & Sierra Hills Pet Cemetery,**  
5757 Greenback Way, Sacramento, CA (off I-80 @ Greenback)

**Time: Gates open at 9:00 a.m.** (arrive early for best parking)

**How: Register on-line at [www.KidsK9FunRun.org](http://www.KidsK9FunRun.org)**

**What: 10:00 a.m. Kids K9 Fun Run Starts**  
**11:00 a.m. to 1:00 p.m. Vendor, Food and Community booths**  
**11:30 a.m. Participants lunch served**  
**1:00 p.m. Police K9 demonstration**

**Kids Bounce House**

**Special Note:** If you would like to have a booth at this event or have any questions, please call Lisa West @ (916) 732-2020 or email [lisaw@eastlawn.com](mailto:lisaw@eastlawn.com)

## Citrus Heights Messenger

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