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Balancing Privacy and Community



Did you know there are more introverts than extroverts living in cohousing?

It's a surprise to most, as there's a common misconception that this lifestyle would only appeal to the outgoing. When people first learn of cohousing, there's a tendency to wonder about privacy. How does living in a tight-knit neighborhood sync with having alone time, or private time with family? **Turns out, cohousing is set up, both physically and socially, for the perfect balance.** On your back porch and in your own private residence, your space is yours, just like in a typical home. Yet when you'd like community - say you want a friend to watch the Olympics with or have your first strawberry harvest from the garden to share - you'll find neighbors on the pathways or in the common house.

Kathryn, a member of Richmond Cohousing who identifies as an introvert wrote a great blog about her experience in community: "Despite my need for alone time, I have come to the conclusion that living with others is essential to my happiness. It brings me joy to prepare meals and eat together, chat as we come and go in our lives, participate in household chores, share stories, laugh, and care about each other. Living with others draws me out of my internal dialogue and into the present."

Upcoming Events

Fair Oaks EcoHousing Site Tour: Saturday, August 27th at 10:30am

Fair Oaks EcoHousing will be a beautiful neighborhood of 30 homes on 3.7 acres in Fair Oaks, CA, 18 miles east of downtown Sacramento. We're looking for the rest of our future neighbors! Come see the site and our architectural plans at an upcoming tour.



Meet at **10:30am** at the **Fair Oaks Coffeehouse** in Fair Oaks Village, located at 10223 Fair Oaks Blvd, at the intersection with Park Drive. Look for us on the side of the Coffeehouse, in the patio area or in the building at the back. We can carpool to the site. The tour will last about an hour, with an optional lunch afterwards at the Siam Patio Restaurant or the Smokey Oaks Tavern. Group members will lead the tour of our beautiful property. Kids are welcome.

Can't join us that day? Additional tour offered on **Saturday, September 10th!**

To sign up, please contact **Linda Tanforan** at (916) 359-3742 or lmtanforan@gmail.com

Community-Building Potluck: Sunday, August 21st



Come share a meal with us!

This will be an casual time to meet each other, break bread, and talk more about cohousing. First-time guests don't need to bring a dish to the potluck. Food and drinks will be provided.

Join us at **6:30 pm** in Fair Oaks (RSVP for address). Family-friendly: kids are welcome.

To receive the address, contact **Chris Haviland** at chris.haviland@gmail.com

Save the Date!

Bay Area Cohousing Presentation
Sunday, September 25th, 2-3:30pm
Saratoga, CA

One of our members will host a special cohousing presentation next month at her condominium clubhouse in Saratoga. Save the date in your calendar, and please let your Bay Area friends know! More details TBA.

Welcome to Janice Greenberg!

We're excited to introduce our newest member. As a world traveler, we know Janice will have great stories to share around the dinner table! Get to know the rest of us [on our website](#).

JANICE GREENBERG was born in New York City and lived in Hastings on the Hudson until the 3rd grade. She moved yearly until the 6th grade, when her Dad's company settled in Orlando. She lived there before Disney World and enjoyed a lovely low-key life and incredible beaches with warm water. After attending Florida State, she earned a Masters at Emory U. as a Family and Community Health Nurse Practitioner. With her scholarship from the National Health Service Corp, she repaid



her education with a move to Fresno and work she loved at the Madera Migrant Health Center. She enjoyed cycling in summer and cross-country skiing in the winter. But the grass seemed greener and she moved to the Bay area, mostly in Berkeley. She specialized in diagnosing breast lumps in men and women using Ultrasound and needle biopsy, counseling and referring patients for treatment. She loved this work.

After retiring, she began to look into cohousing as a wonderful way to age. She had cared for her mother and an aging friend she called her adopted mom, but realized that, being single without children, and dear friends moving away to be closer to their families as they aged, that she needed to make some plans. Cohousing afforded a way of living that she always believed was how humans needed to live.

Janice loves animals and has two cats and a dog. She has swum with dolphins, manta rays, whales, ridden elephants, and ridden and owned horses. She has also traveled to the Amazon, Africa, Ecuador, Mexico, and a good deal of Europe and Scandinavia. She is looking forward to creating a new family in Fair Oaks.



Want to Learn More About Fair Oaks and Sacramento?

Click below for useful links, there's a lot to keep us busy here!

Pictured above: Fair Oaks Village, Fair Oaks Theatre Festival, Floating the American River.

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