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[Community: The Secret Ingredient to Sustainability](#)

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## Community: The Secret Ingredient to Sustainability

Our members are committed to a sustainable lifestyle, and we know this will be made even easier in cohousing. And as the [recent ECOS Endorsement](#) shows, we're committed to being good stewards in our community.

We're pleased to be partnering with [McCamant & Durrett Architects](#) to ensure we're incorporating as many eco-conscious features into our design as possible. A sampling of these include solar ready homes, sustainable bamboo flooring, and generous open space to lighten our development's footprint on the land.

Beyond the buildings, we know it'll be easier to pool resources, drive less and further reduce environmental impacts while living together in community. A simple email out to cohousing neighbors can organize a carpooled trip to the movies, a tent for a weekend camp-out and collaboration on everything from birthday parties to holiday celebrations to canning the community garden's bounty.

Don't miss [Katie McCamant's Oct 6th-Presentation](#) in Fair Oaks to learn more about sustainability in cohousing!

[Read the Sustainable Living Summary](#)

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## Cohousing in the New York Times

Courtney Martin of Temescal Commons Cohousing in Oakland, explains why cohousing is essential in our modern lives (and don't miss her TED talk video below too).

### Modern Housing with Village Virtues

*"Working families in the United States have many struggles today: expensive child care, not enough time to cook healthy meals, disconnection from nature, a sense of social isolation - what the sociologist Robert Putnam famously called "bowling alone" - and more. Older Americans, a booming population, often end up segregated generationally and in dire need of care and companionship.*

*What if there was a potential salve to all of these struggles?  
One that was introduced to Americans 25 years ago, but hasn't yet gone to scale?"*

## New York Times Article Online



*"We can turn inward, lose faith in the power of institutions to change -- even lose faith in ourselves. Or we can turn outward, cultivate faith in our ability to reach out, to connect, to create."*

[TED Talk by Courtney](#)

## Upcoming Events

### Cohousing Presentation by Katie McCamant: Thursday, October 6th



Join us at **7pm** at **Keller Williams Office** (8525 Madison Ave, Ste 122 (at Kenneth) in Fair Oaks) to hear from one of the nation's leading cohousing experts, who has designed and developed dozens of communities throughout the U.S. and Canada.

Learn why people of all ages thrive in cohousing, and how a culture of sharing cultivates sustainable living.

This **free** event is sponsored by Fair Oaks EcoHousing and [Renaissance Village Homes](#). Learn more about recent progress on both of our projects, and meet members engaged in bringing two new cohousing communities to the Sacramento area.

[View and Share Event Flyer Here](#)

### Fair Oaks EcoHousing Site Tour: Sunday, October 9th

**Fair Oaks EcoHousing** will be a beautiful neighborhood of 30 homes on 3.7 acres in Fair Oaks, CA, 18 miles east of downtown Sacramento. We're looking for the rest of our future neighbors! Come see the site and our architectural plans at an upcoming tour.



Meet at **10:30am** at the **Fair Oaks Coffeehouse** in Fair Oaks Village, located at 10223 Fair Oaks Blvd, at the intersection with Park Drive. Look for us on the side of the Coffeehouse, in the patio area or in the building at the back. We can carpool to the site. The tour will last about an hour, with an optional lunch afterwards at the Siam Patio Restaurant or the Smokey Oaks Tavern. Group members will lead the tour of our beautiful property. Kids are welcome.

Can't join us that day? Additional tour offered on **Saturday, October 22nd!**

To sign up, contact **Linda Tanforan** at (916) 359-3742 or [lmstanforan@gmail.com](mailto:lmstanforan@gmail.com)

### Picnic in the Parkway: Saturday, October 15th



You're invited to join us from **11:30 - 1:30pm** for a picnic in the **American River Parkway at Sacramento Bar**. Sandwich makings will be provided, along with paper plates and utensils. Bring their favorite picnic food and drink (alcohol is ok) to share.

You may want to bring a lawn chair or two. This is a family-friendly event. Kids are warmly welcomed. Dogs are also welcome. Bring your swimsuit and your bike, raft, or kayak. This park is a favorite launching spot for rafts.

Sacramento Bar is at the foot of Pennsylvania Ave, off Fair Oaks Blvd, just west of Sunrise. Look for the "Fair Oaks EcoHousing" sign. There's a \$5 entry fee if

you don't have an annual Park Pass.

RSVP to **Marty Maskall** at **916-967-2472** or [mmaskall@gmail.com](mailto:mmaskall@gmail.com)

## Community-Building Potluck: Sunday, October 16th



This will be a casual time to meet each other, break bread, and talk more about cohousing. First-time guests don't need to bring a dish to the potluck. Food and drinks will be provided.

Join us at **6:30 pm** in **Folsom** (RSVP for address).

Family-friendly: kids are welcome.

RSVP to **Bob Oyafuso** at **(916) 353-0376** or [boyafuso@sbcglobal.net](mailto:boyafuso@sbcglobal.net)



## Want to Learn More About Fair Oaks and Sacramento?

*Click below for useful links, there's a lot to keep us busy here!*

*Pictured above: Fair Oaks Village, Fair Oaks Theatre Festival, Floating the American River.*

[Fair Oaks Chamber of Commerce](#)

[Fair Oaks Events via Sac Bee](#)

[Fun Things to Do in Fair Oaks](#)

[Fair Oaks Parks & Rec Activities & Events](#)



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[www.FairOaksEcoHousing.org](http://www.FairOaksEcoHousing.org)

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